# Det. (ret.) Thomas E. Coghlan, PsyD

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Licensure & Psychologist. New York State # 020173. July 2013. Credentialing: Psychologist. State of New Jersey # 6073. March 2019.

National Provider Identifier Standard (NPI) # 1760972319. Council for Affordable Quality Healthcare (CAQH) # 14535336. National Register of Health Service Psychologists (HSP). ID# 56442.

Fellowship: International Association of Chiefs of Police (IACP)

Visiting Law Enforcement Fellow; Steve Harris Fellowship

March 2018 to September 2018

Education: St. John's University

January 2015 Post-Doctoral Certification in Forensic Psychology

Ferkauf Graduate School of Psychology, Yeshiva University

September 2010 Psy.D. Clinical Psychology

Dissertation entitled "Role Interference and Moral Distress in the Subjective Experience of

Deep Undercover Law Enforcement Operatives" Internship at Kirby Forensic Psychiatric Center

June 2007 M.A. General Psychology

John Jay College of Criminal Justice, CUNY

New York, NY

September 1999 to May 2002 M.A. Forensic Psychology

Queens College, CUNY

Flushing, NY

September 1989 to January 1993 B.A. Psychology

Employment: The Counseling Team International

August 2019 to Present

New York area clinician for the Drug Enforcement Agency's Employee Assistance Program.

Owner, Blue Line Psychological Services, PLLC

February 2019 to Present

Private Practice at 8 Bond Street, Great Neck, NY.

Institute for Forensic Psychology

January 2017 to Present

Independent Contractor conducting per diem pre-employment psychological evaluations and risk assessments for various public safety and law enforcement positions in New York and New Jersey.

New York City Police Department

April 1997 to December 2018 Detective, Second Grade, ret.

December 2001 Promoted to Detective

March 2004 Promoted to Detective, Second Grade

Specialized Assignment: Hostage Negotiation Team; Class of December 2002.

January 2014 to December 2018: Primary duties involved Fitness-for-Duty Evaluations (FFDEs) while assigned with responsibilities as a Clinical Psychologist and designated as Department liaison to the Police Organization Providing Peer Assistance (POPPA), a not for profit NYPD-affiliated organization with the mission of reducing officer suicides by providing a confidential outreach and referral service for NYPD officers experiencing negative life events (i.e., suicidal or homicidal ideation, marital stress, anxiety, depression, post-traumatic stress, alcohol or substance abuse) as an alternative to internal Department services. Duties include screening and interviewing members of the diverse population of the Department, and performing psychological and bio-psychosocial evaluations in order to assess need for clinical services and interventions and evaluate need for confidential sick leave. Feedback is provided to Department supervision as well as agency primary care managers regarding assessment findings and recommendations. Responsibilities include self-supervised clinical assessment of uniformed members of the Department assigned to confidential sick leave for treatment of emotional or psychological distress, including alcohol and substance abuse treatment, and evaluation of their psychological fitness-for-duty upon recommendation of their return to full duty status with firearms. The members' compliance with, as well as the efficacy of the provided treatments are evaluated as recommendations made in regard. This includes review of clinical treatment data including relevant psychometric testing data. Regular conferral with agency managers, Department supervision, as well as outside private clinicians and inpatient as well as outpatient facilities is done in order to develop behavioral health treatment plans going forward. As Department liaison, a primary focus is on evaluating outside clinical and psychotherapeutic services and the members' needs for services and prolonged sick leave in order to assess the clinical legitimacy of each case. Clinical work is with a diverse range of ethnicities, ideologies and diagnoses.

October 2010 to January 2014: Assigned with responsibilities as a Psychologist in the Psychological Evaluation Section. Responsibilities included conducting Fitness for Duty Evaluations (FFDEs), military deployment post-traumatic stress debriefings, applicant psychological evaluations, firearms retention evaluations, resignation reinstatement suitability assessments, trauma debriefings and crisis interventions for uniformed and civilian members of the New York City Police Department. These were conducted through clinical interviews as well as psychological and bio-psychosocial evaluations. When relevant, psychometric testing data was reviewed and integrated into the overall assessment. Considerations of both malingering for secondary gain as well as favorable impression management were a regular aspect of evaluation, especially given the potential benefits of line-of-duty injury benefits and employment concerns. Feedback was provided to uniformed Department supervisors as well as to supervisory clinical staff, both in consult as well as formal reports.

International Association of Chiefs of Police November 2018 to Present Consultant and Subject Matter Expert.

State University of New York (SUNY) at Old Westbury
January 2018 to January 2019. **Adjunct Professor of Psychology**Department of Psychology undergraduate adjunct. Taught Forensic Psychology in the online learning environment.

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John Jay College of Criminal Justice, CUNY

September 2014 to Present Adjunct Professor of Psychology

Department of Psychology undergraduate adjunct. Taught Psychology of Criminal Behavior, History of Psychology, Abnormal Psychology, and Introduction to Psychology. Wrote lesson plans, designed Powerpoint presentations, assigned and graded term papers, wrote and graded examinations. Taught both on-site as we al in the online learning environment.

Monroe College, King Graduate School

September 2010 to Present Adjunct Graduate Professor of Criminal Justice

Department of Criminal Justice Graduate Adjunct.

Mercy College

October 2010 Adjunct Undergraduate Professor

Taught at the Bronx and Dobbs Ferry campus.

Experience:

Kirby Forensic Psychiatric Center (KFPC), New York, NY

# **Psychology Intern**

September 2009 to September 2010

Duties include psychological evaluations, forensic dangerousness assessments, competency assessments, and both individual and group therapy within a New York State-run maximum-security inpatient facility. Population served is a mixed-gender, ethnically diverse, severely and persistently mentally ill adult population falling primarily under two classifications of the Criminal Procedure Law; §330.20, deemed Not Guilty by Reason of Mental Disease or Defect following criminal trial, and §750.30, deemed Incompetent to Stand Trial for criminal charges and remanded to the state for competency restoration. Clinical work with a wide range of adult psychopathology in all major categories of mental illness (e.g., psychosis, affective disorders, somatoform disorders, severe personality disorders), as well as dually-diagnosed MICA patients. Acted as member of a multi-disciplinary treatment team.

Mid-Hudson Forensic Psychiatric Center (MHFPC), New Hampton, NY

### **Psychology Extern**

August 2007 to May 2008

Duties similar to Kirby Forensic duties listed above, but at the doctoral extern level.

New York City Police Department (NYPD), Corona, NY

#### **Psychology Extern**

August 2006 to August 2007

Responsibilities included the administration and assessment of a pre-employment psychological screening battery to candidates for both uniformed (i.e., Police Officer, School Safety Agent) and non-uniformed (i.e., Police Communication Technician) positions. This battery included the California Personality Inventory, Minnesota Multiphasic Personality Inventory – 2, House-Tree-Person Drawings, Police Candidate Questionnaire, in addition to corroborative historical application packet. Conducted subsequent interview based on the evaluation and determined psychological suitability for hire.

Mid-Hudson Forensic Psychiatric Center (MHFPC), New Hampton, NY

#### Psychology Extern, M.A.

January 2001 to January 2002

Completed 400 hour Master's-level externship as a member of MHFPC's Intensive Treatment Unit's Treatment Team. Duties included clinical interactions with MHFPC's most restraint-

and-seclusion-prevalent population. Received Hare PCL-R training. Additional clinical experiences include Serial Sexual Offenders Behavioral Change Group, and Double Trouble in Recovery (12 Step MICA) Group in clinical voluntary capacity.

SUNY Orange County Community College (SUNY OCCC), Middletown, NY

# **Adjunct Professor**

Spring 2005

Department of Criminal Justice Adjunct. Taught Criminology at the undergraduate level. Wrote lesson plans, designed Powerpoint presentations, assigned and graded term papers, wrote and graded examinations.

Marist College – Goshen Extension

## **Adjunct Professor**

Summer 2004

Department of Criminal Justice Adjunct. Taught Organized Crime at the undergraduate level. Wrote lesson plans, designed Powerpoint presentations, assigned and graded term papers, wrote and graded examinations.

Volunteerism:

New York City Police Department – Police Organization Providing Peer Assistance (P.O.P.P.A.)

## **Peer Support Officer**

September 2008 to October 2010

Volunteer as a Peer Support Officer for a not for profit NYPD-affiliated organization which provides a confidential outreach and referral service for NYPD officers experiencing negative life events (i.e., suicidal or homicidal ideation, marital stress, anxiety, depression, post-traumatic stress) as an alternative to internal Department services. Duties include rotation on a crisis hotline pager, returning crisis phone calls, and responding to meet-ups with officers requesting services.

**Publications:** 

Coghlan, T. (2019, May). Fostering Positive Outcomes in Policing by Addressing Burnout and Compassion Fatigue. Police Chief 86(5), pp. 30-37.

Coghlan, T. (2018, September). Organizational Contributions to Police Suicide. Police Chief 85(9), pp. 12-13.

Coghlan, T. (2011). Role Interference and Moral Distress in the Subjective Experience of Deep Undercover Law Enforcement Operatives. Universal-Publishers.

Coghlan, T. (2002). The spread of asatru in vinland. *Cultic Studies Review*, vol. 1 no. 2, 151-178, ISSN 1539-0152.

Presentations:

February 2019: *Trauma, Stress and Suicide: Constructs, Contributors, and Case Studies*. Presented at the 1<sup>st</sup> Annual Officer Wellness Symposium of the International Association of Chiefs of Police. San Antonio, TX.

February 2019: *Components of a Successful Peer Support Program.* Presented at the 1<sup>st</sup> Annual Officer Wellness Symposium of the International Association of Chiefs of Police. San Antonio, TX.

October 2018: Fostering Positive Outcomes in Policing: Burnout and Compassion Fatigue. Presented at the 125<sup>th</sup> Annual Conference of the International Association of Chiefs of Police, Orlando FL.

October 2018: *Psychology of Undercover Work: Selection, Training and Re-integration*. Presented at the 125<sup>th</sup> Annual Conference of the International Association of Chiefs of Police, Orlando FL.

October 2018: *Agency Wellness and Resiliency: Addressing Trauma*. Presented at the 125<sup>th</sup> Annual Conference of the International Association of Chiefs of Police, Orlando FL.

October 2018: *Law Enforcement Suicide Prevention Programs*. Presented at the IACP's Messaging and Engagement Strategies Panel at the 125<sup>th</sup> Annual Conference of the International Association of Chiefs of Police, Orlando FL.

August 2018: *Self-Medication among Law Enforcement*. Presented at the IACP's Drugs, Alcohol and Impaired Driving Conference, Nashville, TN.

April 2018: Officer and Agency Wellness and Resiliency: Trauma, Barriers to Treatment, Intervention. Presented to the IACP's demonstration sites for the Collective Healing in the Wake of Harm program.

December 2017: *Post-Traumatic Stress Disorder: Recognizing, Treating and Recovering*. Presented to Deloitte Services' Security Incident Training Meeting.

May 2017: *Helping NYPD Officers to Serve Others*. A Law-Psychology Forum Presentation hosted by the Fordham Law-Psychology Seminar and Psi Chi, in cooperation with the Manhattan Psychological Association SPSSI-NY, and NYSPA Division of Forensic Psychology.

October 2016: *The NYPD / POPPA Peer-Support Model: The Police Organization Providing Peer Assistance (POPPA) Model as a Standard for Peer Support.* Presented to the Police Psychological Services Section of the International Association of Chiefs of Police at the 123<sup>rd</sup> IACP Conference in San Diego, CA.

October 2012: *The Inner Experience of Deep Undercover Law Enforcement Operatives*. Presented to the community of SUNY Orange County, as an element of their cultural affairs series.

May 2012: NYPD Police Psychology: Suitability-for-Hire and Fitness-for-Duty Evaluations in the New York City Police Department. A presentation made at forensic seminar to the staff and faculty at Kirby Forensic Psychiatric Center.

October 2010: Role Interference and Moral Distress in the Subjective Experience of Deep Undercover Law Enforcement Operatives. A presentation at the 117<sup>th</sup> conference of the International Association of the Chiefs of Police.

October 2007: Serial Sexual Sadistic Murder: Phenomenology, Comorbid Psychopathology, Pathogenesis and Case Study. A presentation for the Warwick Public Library's book discussion program exploring Erik Larson's The Devil in the White City.

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August 2006: *Crime Scene Analysis: Sorting Fact from Fiction*. A presentation for SUNY Orange County Community College department of Criminal Justice faculty and students.

Professional

Memberships: American Psychological Association – Member

National Register of Health Service Psychologists – Member

New York State Psychological Association - Member

International Association of Chiefs of Police – Associate Member

International Association of Chiefs of Police, Psychological Services Section – Member

Society for Police and Criminal Psychology – Member

American Academy for Professional Law Enforcement – Member

National Law Enforcement Associates – Member

Fraternal Order of Police – Member